

Taste of Home

Nutty Berry Trail Mix

Tasty



★★★★☆

This recipe, my son's favorite, earned me an "A" in my early childhood nutrition course. It lets you take control of what your children snack on! —Cheri Majors, Claremont, California

TOTAL TIME: Prep/Total Time: 5 min.

YIELD: 10 cups.

Ingredients

- 1 can (15 ounces) mixed nuts (*used almonds*)
- 2 cups (12 ounces) semisweet chocolate chips
- 1 package (9 ounces) raisins
- 1 package (6 ounces) chopped dried pineapple (*used premium mango*)
- 1 jar (5.85 ounces) sunflower kernels (*used all 8 oz*)
- 1 package (5 ounces) dried cranberries

Directions

1. In a large bowl, combine all ingredients; mix well. Store in an airtight container.